

Swamp Beans

Submitted by LVA Archivist Greg Crawford

1 lb. ground beef

1 lb. sausage

1 1/2 c. ketchup

1 1/2 c. barbeque sauce

1 can pinto beans

1 can kidney beans

1 can pork and beans

Brown ground beef and sausage (sliced) till done. Put in crock pot and simmer for 30 min. Add beans and cook for 2 hrs. in crock pot.